

Hours of Operation

Wednesday- Saturday 12:00pm to 8:00pm

Delivery By:

GRUBHUB

<u>APPETIZERS</u>		Large
Cornbread Muffin	1.25	
Beef Patty	2.75	
Beef & Cheese Patty	3.00	
Chicken & Cheese Patty	3.00	
Jerk Chicken & Cheese Patty	3.00	
Buffalo Chicken & Cheese Patty	3.00	
Cole Slaw	3.25	
Fries	4.25	6.25

CHICKEN BOXES

Add Sauce (BBQ | Buffalo | Hot | Jerk): \$1.25

Add 1 Small Side: \$3.99

Fried Wing Box	10.99	14.49
Coast Wing Box	10.99	14.49
3-Piece Box (Breasts Thighs)	9.49	

CLASSIC SANDWICHES

Served on a roll

Add Fries for \$1

Chicken (Fried Grilled)	7.99
BBQ Pulled Pork	8.49
Fried Bone-in Pork Chop	8.99
Fried Haddock	10.49
Fried Catfish	10.99

Subject to MA State Meals Tax

Prices reflect in-store pickup
and are subject to change without notice

COAST SPECIALTIES

Coast Waffle and Chicken 15.99
One home-style Belgian waffle and two pieces of fried chicken. Served together with a side of pure maple syrup (the good stuff).

Fish & Chips 16.99
Choice of a 10 oz. battered haddock or catfish filet deep fried. Served with fries.

Smothered Pork Chops 16.49
Two fried bone-in chops topped with sautéed onions and homemade gravy. Served with string beans, mashed potatoes and cornbread.

BBQ Pork Ribs 15.49
Braised and roasted ribs!

BBQ Beef Short Ribs 18.99
Grilled and baked ribs!

COMBINATION PLATES

Plates come with two sides and cornbread.

Fried Chicken Breast	13.99
Fried Chicken Thigh	13.99
Fried Mixed Chicken	13.99
Fried Jumbo Party Wings	14.99
Coast Wings	14.99
Wings (BBQ Buffalo Hot Jerk)	15.99
Chicken Fingers (Fried Grilled)	15.49
BBQ Pork Ribs	17.99
BBQ Beef Short Ribs	19.99
BBQ Pork Ribs & Chicken	18.49
BBQ Beef Short Ribs & Chicken	20.49
Fried Haddock	16.49
Fried Catfish	17.99
BBQ Pulled Pork	14.99
Fried Pork Chops	15.49

John 3:16

We Offer Catering

Visit foodfromthesoul.com or Call (617) 354-7644

OUR SIGNATURE SIDES

Small (8 oz.)	4.49	Medium (12 oz.)	5.99
Large (16 oz.)	7.49	Three Side Plate	11.49

Mac & Cheese
Five-cheese mac.

Candied Yams
Glazed and buttery.

Collard Greens w/ Smoked Turkey
Greens seasoned with smoked turkey.

Mashed Potatoes
Old-fashioned whipped potatoes.

Potato Salad
Freshly prepared

Black Eyed Peas
Southern-style peas

String Beans
Tasty string beans.

Cole Slaw
Sweet and savory slaw.

Rice & Beans
Seasoned rice with mouthwatering beans.

Fries

HOMEMADE DESSERTS

Sweet Potato Pie	3.75
Coconut Wonder Bar	3.99
Banana Pudding	5.49
Cake Slice	4.25

*Consuming raw or undercooked meat, fish or poultry may cause food-borne illness.
Please inform our staff of any allergies, due to the cross preparation of certain foods*